



**EFS EXECUTIVE COMMITTEE**

The current executive council was elected in Prague at the 2006 conference and has a four year term.

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**MEMBER SOCIETIES**

• **AUSTRIA:** Austrian Society for Sexology • **BELGIUM:** Flemish Society of Sexology • Institute of Family and Sexuality Studies • Society of Sexologists with University degree in Belgium (SUB) • **BULGARIA:** Sexuality and Health Foundation • **CROATIA:** Croatian Association for Sexual Therapy • **CZECH REPUBLIC:** Sexualogical Institute • **DENMARK:** Danish association for clinical sexology • Dansk Sexolog Forening • **ESTONIA:** Estonian Academic Society of Sexology • **FINLAND:** The Finnish Association for Sexology • **FRANCE:** Association Inter Hospitalo Universitaire de Sexologie (AIHUS) • Association Recherche Sexologique du Sud-Ouest (ARSSO) • Centre International de Formation et de Recherche en Sexualité (CIFRES) • Diplôme Universitaire de Sexologie Médicale de Toulouse • Ecole Française de Sexologie • Société Française de Sexologie Clinique (SFSC) • Association des Sexologues Cliniciens Francophones (ASCLiF) • **GEORGIA:** The Society of Georgian Sexologist: Education, Research, Treatment (SGS) • **GERMANY:** Deutsche Gesellschaft für Sexualforschung (DGfS) • Deutsche Gesellschaft für Sozialwissenschaftliche Sexualforschung (DGSS) • **GREECE:** Greek Society of Sexologie • **HUNGARY:** Hungarian Association of Sexology • **ISRAEL:** Israel Society for Sex Therapy (ISST) • **ITALY:** Ass Clinica e Terapia in Sessuologia (ACTS) • Gruppo Ricerca in Sessuologia (School of Clinical Sexology) • Istituto Di Sessuologia Clinica (Institute of Clinical Sexology - ICS) • CERNE • Sexology Italian Center (CIS) • Associazione Italiana Sessuologia Psicologia Applicata (AISPA) • Società Piemontese di Sessuologia Clinica • FISS (Federazione Internazionale di Sessuologia) • **NETHERLANDS:** Nederlandse Vereniging voor Seksuologie (NVVS) • WVSD • Rutgers Nisso Groep (RNG) • **NORWAY:** Norwegian Society For Clinical Sexology (NSCS) • **POLAND:** Polish Sexualogical Society • **PORTUGAL:** Sociedade Portuguesa de Sexologia Clínica (SPSC) • **SPAIN:** Asociación Española de Sexología Clínica • FESS • Societat Catalana de Sexologia • **SWEDEN:** Swedish Association for Sexology • Swedish Institute for Sexual Research • **SWITZERLAND:** Fonds Universitaire Maurice Chalumeau • Institut Sexocorporel International • Zurich Institute for clinical sexology • **TURKEY:** Turkey Microbiological Society • **UK:** The British Association for Sexual & Relationship Therapy (BASRT) • BSPOGA • SSSSR

For membership, write to General Secretary Kevan R. Wylie:  
- Porterbrook Clinic, Sheffield, UK - P.A. Glenda 0114 271 8674  
- [k.r.wylie@sheffield.ac.uk](mailto:k.r.wylie@sheffield.ac.uk)

**EDITORIAL**

António Palha  
EFS President



We have lived the last EFS Congress, April 2008 in Rome a great moment of vitality of the European Federation of Sexology; the European congress of Sexology. Our great family met in the beautiful capital of the country where the first Congress of our Federation took place (Taormina, 1994).

We are resuming our contacts through this to keep you informed on subjects concerning activities of the Federation and its Executive Committee meeting resolutions.

I would like to inform all of you about the efforts made by the officers of the Federation to extend our action to the eastern European countries. After local visits to Bucharest (Romania) and Budapest (Hungary) where we met representatives of different local groups involved in Sexology, it was possible to have them in the Rome Congress and in the GA where societies were admitted in EFS. It is our intention to continue the policy of visits to eastern countries – Russia (already done), Macedonia and Bulgaria until the end of this year. During this period, it is important to stress for the first time it was possible to have a regular meeting of the Executive Committee: Vienna, December 2006; Sydney, April 2007; Lisbon, November 2007; Rome, April 2008; Brussels, December 2008; London, February 2009, which means a better way of management of EFS affairs.

Our main question in the last months was the preparation of 2010 EFS Congress that would be organized by the Greek society of Sexology (GA decision). Unfortunately, it was not possible to reach an agreement with our affiliated society to sign the contract with AIM under our support as it was proposed. It has lost a great amount of time in these negotiations and so we had to face the problem of a new venue for our next congress. So in the EC meeting in Brussels, December 2008, after giving up the Greek Society and the Catalan Society of Sexology and the expression of strong interest of the Portuguese Society of Sexology (PSS), it was accepted to hear representatives of it's board and a proposal for the 2010 Congress happened in Brussels. Having in mind the urgency to take a resolution on the 2010 EFS congress and the information on local facilities given by the Portuguese team, it was decided unanimously to accept the proposal of the Portuguese Society of Sexology for that purpose.

In what concerns our official scientific journal *Sexologies*, it has been published by Elsevier Masson SAS in the last three years with some good results, particularly the web download consultations. I am asking you to send your scientific manuscripts and other work to the editorial board in order to transform this journal as a scientific ambassador of the research done by our members societies.

Another important information I want to share with you is the excellent relationship that the EFS EC members have developed with our official PCO-AIM Group. During the preparation of the Rome Congress it was possible to check the high zeal and commitment made by AIM to that action and during the congress all the EFS members could confirm the impression we got beforehand. So we could feel at ease for the next congress, having in mind the defined contract that we have with AIM, some adjustments were proposed during the Rome EC meeting discussion.

I had the hope that through the EFS newsletter to have a serious way of communicating among us but up to now we didn't achieve this goal. We haven't the habitude to give periodical information for our secretariat in order to gather enough amount of news to fill two or three annual newsletters. But we should try to ameliorate our communication with the help of the team of secretariat of EFS. ●

## Meeting at WHO

*Report of the 2<sup>nd</sup> meeting at WHO/Europe offices, Copenhagen, 9th of February 2009*

As announced in the General Assembly 2008, the European Federation of Sexology as the regional NGO affiliated to WAS is now in official relations with the WHO regional office (EURO).

The liaison between WAS and WHO has four specific points established for 2010-2015:

- communication between WHO and WAS;
- standards of practice;
- expert opinions;
- preparation of papers.

The WHO/Europe region is very large comprising of over 880 million people within the 53 member states. The privilege conferred by the official relationship is the right to appoint a representative to participate in WHO meetings. The official representative (and liaison officer) on behalf of EFS is Kevan Wylie.

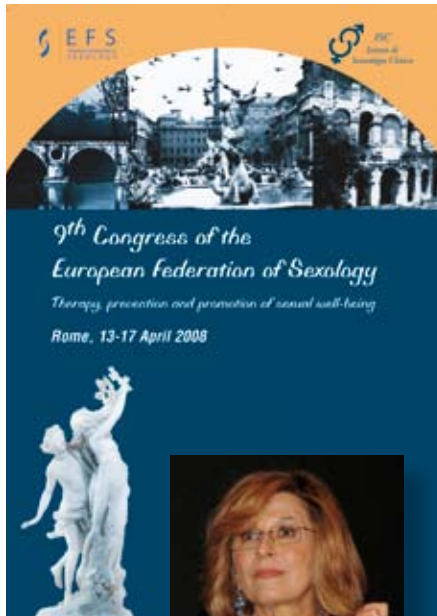
During a second meeting with Guñta Lazdane a number of sexual health issues of joint interest were discussed. WHO has 13 strategic objectives of which sexual health may form a part of several including reproductive health (SO 4), HIV and STI (SO 6), health systems (SO 10) as well as mental health, ageing and others.

The most important event this year will be to participate in the Regional Committee meeting in September 2009. This involves all 27 European member states as well as a further 26 member states including Eastern Europe and Central Asia. Participation by other inter government agencies, UN agencies, professional associations and NGO's with official relations is usual. Let's hope that in due course we can work and contribute into the development of a sexual health strategy within the European Union. Please let know Kevan Wylie if you have specific issues you would like him to raise in future meetings.

Contact Kevan Wylie: [k.r.wylie@sheffield.ac.uk](mailto:k.r.wylie@sheffield.ac.uk)

## 9<sup>th</sup> congress of the European Federation of Sexology in Rome

# A wonderful time



Chiara Simonelli  
Congress President



The 9<sup>th</sup> Congress of the European Federation of Sexology, "Therapy, Prevention and Promotion of Sexual Well-being", was held in Rome, Italy, from 13<sup>th</sup> to 17<sup>th</sup> April 2008. Chiara Simonelli, the President of the Congress, and the host organization, the Institute of Clinical Sexology of Rome, provided a vital forum for debate on the many different areas of Sexology, supported by research findings. The theme of the Congress was the integrated approach, which has allowed an exciting debate among the major international experts of various disciplines, promoting the sharing of a common language and a single aim: the prevention of sexual discomfort and the promotion of the overall well-being of the individual and the couple.

The success of the congress was the result of the participation of many delegates from 50 different countries and of many students and of a wide-ranging scientific program that included 7 pre-congressual workshops, 13 master lectures, 5 plenary sessions, 14 parallel sessions, two round tables and three debates.

During the sessions, there were so many important contributions presented from different scientific perspectives and the involvement of the participants has

created interesting discussion. We received 537 abstracts, and the scientific level of the 214 communications and of the 114 posters was excellent.

## Gold medals

During the opening ceremony, Gold medals were awarded to António Palha (Portugal), Adriaan K. Slob (Netherlands), Chiara Simonelli (Italy), and Kevan Wylie (Great Britain) for their important contributions to research in the field of sexology.



Georges Abraham (Switzerland) claimed the Gold medal awarded to him at the 8<sup>th</sup> Congress of the EFS, delivering an interesting Master Lecture on the relationship between sexuality and psychoanalysis.





▲ Pedro Nobre, organiser of the next EFS Congress, António Palha, Sandra Vilarinho, Chiara Simonelli and Kevan Wylie.

The Congress also hosted numerous symposia organized in cooperation with various national and international scientific groups including the ISSC (International Society for Sexuality and Cancer), the FISS (Italian Federation of Scientific Sexology), the ONIG (National Observatory of Gender Identity), the SIA (Italian Andrology Society), the ISS (National Institute of Health), and a master lecture of ESSM (European Society of Sexual Medicine).



▶ The team of the Istituto di sessuologia clinica



▲ Shere Hite, Mireille Bonierbale, Beverly Whipple and the WAS President, Eusebio Rubio Auriolés.

▶ Kevan Wylie receiving a cheque from AIM.



The Scientific Committee awarded prizes to the three most significant research contributions presented at the Congress and the Local Committee gave recognition to the best work carried out by Italian researchers. The Congress concluded with a reminder of the next important appointments at Goteborg (Sweden) in 2009 for the 19<sup>th</sup> Congress of the WAS and Porto (Portugal) in 2010 for the 10<sup>th</sup> EFS Congress. ●



▶ The EFS Executive Comitee.

## Visit to Mozambique

In December 2007, Antonio Palha went in Maputo, capital of Republic of Mozambique, to attend the first national conference on Children Health where he presented a communication on "Psychological aspects of HIV infection in adolescents". He had a meeting with mental health professionals: psychiatrists, psychologists and nurses for seminar on Sexual Health. A group of them have done post-graduation in the Department of Psychiatry and Mental Health (Oporto University) that are able to work on sexual education and clinical sexology. «As I have said in the EC meeting I am trying to organize a Sexological Group, linked with the Portuguese Association of Sexology and I succeed this time, declared the EFS President. By good chance one of the leaders is psychiatrist, Rosel Salomão, who is the actual president of Medical Association of Mozambique and have done a Master thesis with me. I hope the European Federation can help this group through the Portuguese Association.»

## Training programs

Training programs for sexologists are core activities to promote higher professional standards in sexology and to educate a new generation of sexologists in Europe. EFS has been active in this field already several years by collecting information of European Centres of Sexology and be organizing workshops and sessions of Teaching sexology in Europe.

EFS Executive Committee decided in 2007 to update the existing information of training programs and authorization in sexology in Europe and to complete this information from other European countries that have member associations in EFS. A member of Executive Committee, Osmo Kontula, was nominated to conduct this information collection. In spring 2009 there exists the requested information already from 22 European countries. This information will be summarized in fall 2009 and presented in EFS conference in Porto in 2010. The aim of this task is to promote more collaboration between training institutes in sexology and to consider possibilities to create some common criteria and requirements for these training programs and also for possible future European Certificate in Sexology.

All interested parties can contact Osmo Kontula:  
[osmo.kontula@vaestoliitto.fi](mailto:osmo.kontula@vaestoliitto.fi)

## Gold medals 2010

Have you a candidate to propose to receive (possibly) the gold Medal of EFS during our next meeting (2010 Porto, Portugal)? Gold medals are awarded to individuals who have made a major contribution into European Sexual Health, including sexual medicine, sexology and sex education and/or involvement in sexual politics and policy making over at least a decade.

Candidates must respond to the following criteria :

- 1-Be a member of an EFS Association or Society.
- 2-Been working in the field of sexual medicine, sexology, sexual education or sexual politics and policy making for at least 10 years.
- 3-Be based within Europe.
- 4-Have, or have held, a relationship with the European Federation of Sexology and within the European movement of sexology.
- 5-The nominee will be in good standing.

Nominations can be submitted during the year where there is no congress= 2009!

Contact Robert Porto: [robert.porto@worldonline.fr](mailto:robert.porto@worldonline.fr)

Editor: Robert Porto, MD

All informations about your societies  
and meetings can be sent to:  
efsnewsletter@gmail.com

EFS web site:  
www.europeansexology.com

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UPCOMING

CONGRESSES

**JUNE 17-20, 2009** OSLO, NORWAY

WPATH 21<sup>st</sup> BIENNIAL SYMPOSIUM  
Childhood - Adulthood - Culture and Brain  
Information & Subscription:  
info@lfts.no  
www.wpathoslo2009.com

**JUNE 21-25, 2009** GÖTEBORG, SWEDEN

19<sup>th</sup> WORLD ASSOCIATION FOR SEXUAL HEALTH  
CONGRESS  
Information & Subscription:  
contact@sexo-goteborg-2009.com  
www.sexo-goteborg-2009.com

**JULY 10-13, 2009** PARIS, FRANCE

3<sup>rd</sup> INTERNATIONAL CONSULTATION ON SEXUAL  
MEDICINE  
Information & Subscription:  
info@icsm2009.org  
www.icsm2009.org

**JULY 27-29, 2009** COPENHAGEN, NL

2<sup>nd</sup> INTERNATIONAL CONFERENCE ON LGBT HUMAN  
RIGHTS  
Love of Freedom - Freedom to Love  
Information & Subscription:  
jonatan@copenhagen2009.org  
http://www.copenhagen2009.org:80/Home/  
Conference.aspx

**SEPTEMBER 3-5, 2009** BUDAPEST, HUNGARY

2<sup>nd</sup> EUROPEAN CONGRESS ON THE AGEING MALE  
Information & Subscription:  
www.issam.ch

**OCTOBER 9-11, 2009** VIENNA, AUSTRIA

WCMH - WORLD CONGRESS ON MEN'S HEALTH  
AND GENDER  
Information & Subscription:  
www.wcmh.info

**NOVEMBER 15-18, 2009** LYON, FRANCE

12TH CONGRESS OF THE EUROPEAN SOCIETY  
FOR SEXUAL MEDICINE  
Information & Subscription:  
www.essm.org

**NOVEMBER 20-22, 2009** SAN DIEGO, CA, USA

SMSNA (SEXUAL MEDICINE SOCIETY OF NORTH  
AMERICA) 2008 FALL MEETING  
Information & Subscription:  
info@smsna.org  
http://smsna.org/meetings/future.asp

**DECEMBER 10-12 2009** LILLE, FRANCE

26<sup>e</sup> CONGRÈS DE LA SOCIÉTÉ D'ANDROLOGIE  
DE LANGUE FRANÇAISE  
Information & Subscription:  
contact@salf.fr  
http://www.salf.fr/site/index.php5

## EUROPEAN JOURNAL OF SEXUAL HEALTH

## REVUE EUROPEENNE DE SANTE SEXUELLE

Created in 1992, *Sexologies* publishes quarterly original, synthetic articles on human sexuality, its dysfunctions and its management.

*Sexologies* is the official organ of the European Federation of Sexology (EFS), published with the scientific cooperation of the Inter University Hospital Association of Sexology (AIHUS) which gathers French academic teachings of Sexology since 1983.

*Sexologies* offers a large panel of information to all health professionals working in the field of sexuality: anatomophysiological and basic research; psychodynamic, cognitive, behavioural and relational evaluations of sexual difficulties; epidemiological, sociological, forensic data; information on new sexoactive molecules; research on sexual physiology, reports on specialized congresses; press and books reviews; ethical aspects; calendar of major events of sexology around the world.

Major international experts in their field joined the editorial committee as Field Editors, confirming and enhancing the will for scientific excellence of the journal. ●

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