



APPLICATION FORM TO RUN AS A CANDIDATE FOR THE ELECTION OF THE EXECUTIVE COMMITTEE IN THE EFS GENERAL ASSEMBLY OF THE EFS CONGRESS IN ISTANBUL, TURKEY, ON JANUARY 30, 2014

NAME: ANTONIO PACHECO PALHA

PHOTOGRAPH: Please paste an electronic photo in the space provided



State the society member of EFS which is supporting your candidacy:

Portuguese Society of Clinical Sexology

Contact information (address, e-mail address, phone number, fax number, etc.):

Address: Rua do Carvalho, 109 – 4º EA – 4150-192 Porto – Portugal

Email: apachecopalha@gmail.com / apalha@sapo.pt

tel: +351917204750

Fax: +351225088460

List your university degrees (please provide proof in .jpg or .pdf format in addition to this application):

Sexologist since 1973

Full Professor of Psychiatry and Mental Health of Medicine Faculty of Porto University (FMUP)

List your current positions:

EC Member of the European Federation of Sexology

Past-President of European Federation of Sexology; he continues to be an active member

of EC and the EFS

Vice-chair of Section of Human Sexuality of the World Psychiatry Association

Member of Steering Committee of the Educational Program on Sexual Health (WPA)

Ex-Member of the Advisory Committee of the World Association of Sexology

Founder and Past-President of Portuguese Society of Clinic Sexology

Founder of the Portuguese Family Planning Association, linked with IPPF

Founder of the first Portuguese public out patient service on Clinical Sexology in the University/Hospital of St. John (Oporto) – 1973/74

Ex-President of AISM (International Academy of Medical Sexology)

Clinical Director of Casa de Saúde do Bom Jesus – Braga (Psychiatric Hospital)

Coordinator and Professor of the Master Course of Gerontology of Portuguese Catholic University (Braga)

Past President of Portuguese Society of Psychiatry and Mental Health

Clinical Director of Casa de Saúde Santa Catarina (Porto)

Please list your professional activities, with special reference to those dedicated to promote sexual health, sexual rights, sexology, sexuality education or research related to these areas:

I have dedicated part of my clinical and civic life, to clinical sexology, sexual education, teaching sexual health and in the last few in years I have dedicated part of my activity to the promotion of sexuality especially in the elderly.

Active collaborator with AISM as a Full Academic, including working now in the book of AISM celebrating the 10 years of existence.

The importance of desire in Sexologic clinic – short course

I am in charge for a Pós Graduate - Course on Sexology to young doctors.

Active coloboration in:

- Pos-Graduated Course in Sexual Education in Jean Piaget Institute
- Pos-Graduated Course on Sexual Therapy – *Mindcenter* Porto
- Master Course on Clinic Sexology, Lisbon Faculty of Medicine

Themes of the last conferences:

- *Sexuality: in elderly and the affective relationships* . VII National Congress Nacional of Gerontology
- *The sexual abuse o the adolescents and child's – a inquiry about the sexuality o Maputo adolescents (ABP Congress)*
- *Sexuality and Alzheimer DIsorder*. III National Congress on Alzheimer
- La Sexualidad y valores en adolescente de Maputo - la lucha contra el VIH. Reunión Internacional de Psiquiatría.
- Sexual Dysfunctions Approach. Congress of St. John of God (Lisbon).
- Sexual Health and Mental Health – conference. Barcelona
- The importance of a Sexual Education, including adolescence, in the promotion of mental health - conference

Recent Publishes

- Psychiatry and Sexual Health: an integrative approach / J. Mezzich, R. Hernandez, A. P. Palha et all. Org. WPA, 2006

- Sex and Drugs. A study on the sexuality of opioid addicts. *Journal of Sex & Marital Therapy*, 2002, 28: 427-437
- Palha, António Pacheco. ENVELHECIMENTO ATIVO E SEXUALIDADE. PROCESSOS E ESTRATÉGIAS DO ENVELHECIMENTO- Intervenção para um envelhecimento Ativo. ed. Portugal: Euedito, 2012, p. 111-118.
- Palha, António Pacheco; J. Marques Teixeira. The emergence of Psychiatry in Portugal from its roots up to now. *International Review of Psychiatry*. ed. UK: Informa HealthCare , 2012, p. 334-340
- Palha, António Pacheco; Mário Lourenço. Psychological and cross-cultural aspects of infertility and human sexuality. *Adv Psychosom Med*. ed. -: -, 2012, p. ---
- Manuel Esteves. *Drugs of Abuse and Sexual Functioning. Sexual Dysfunction. The Brain-Body Connection*. 29. ed. UK: Av. Psychosom Med. Basel, Karger, 2008, p. 131-149
- Translation for Portuguese Language of the Largest Curriculum on Sexology Online by Erwin Haberle

Make a short statement on why you want to belong to the EFS executive committee:

In this moment we are trying a new way for EFS and for me it would be important besides the need of a renovation of EC member to maintain some that can get a critical view of the past experiences and life of EFS. I suppose that I can give more time to EFS EC of my work (only for one term) having in mind that I have left the main administrative tasks in the University.

If you are already a member of the executive committee, please outline your contribution to the Federation during your term of office:

Coopted Member of Executive Committee as past president in order to facilitate the transition period of presidency.

Please state (in terms of time, attendance to meetings, working in specific projects) the commitment you are willing to make to work as a member of the executive committee if you are elected:

As I said I have now much more time to dedicate to EFS affairs at any level (representative, pedagogic, political, etc.)

Please remember that you need to accompany this application with:

- A scanned copy of the document from your society stating that you are being nominated as a candidate for the executive committee of EFS, signed by the appropriate officer.
- A scanned copy of your university degrees.
- A brief curriculum vitae

and that the member society proposing your candidacy should have paid all dues.

Send your completed application to secretary@europeansexology.com by **December 31th, 2013**. Your completed form will be uploaded onto the EFS web site.