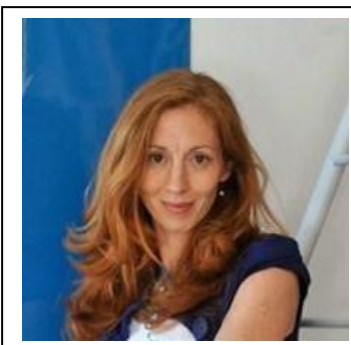




APPLICATION FORM TO RUN AS A CANDIDATE FOR THE ELECTION OF THE EXECUTIVE COMMITTEE IN THE EFS GENERAL ASSEMBLY OF THE EFS CONGRESS IN ISTANBUL, TURKEY, ON JANUARY 30, 2014

NAME: Sandra Vilarinho

PHOTOGRAPH: Please paste an electronic photo in the space provided



State the society member of EFS which is supporting your candidacy:

Sociedade Portuguesa de Sexologia Clínica/ Portuguese Society for Clinical Sexology (SPSC)

Contact information (address, e-mail address, phone number, fax number, etc.):

Psychology and Educational Sciences Faculty of University of Porto
Rua Alfredo Allen 4200-135
Porto PORTUGAL

e-mail: sandravilarinho@gmail.com

phone numbers: 00351 963083411/ 00351 919627319

List your university degrees (please provide proof in .jpg or .pdf format in addition to this application):

PhD in Clinical Psychology (Research area: *Women's sexual functioning and satisfaction: Integration of Affect, Cognitive and Relational Variables and Biological and Contextual Aspects*)

MD in Clinical Psychology

Post graduation in Cognitive-Behavioral and Systemic Clinical Psychology

Bachelor (5 year degree) in Psychology (Clinical Psychology)

List your current positions:

Postdoctoral research fellow at University of Porto (granted by the Portuguese Foundation for Science and Technology)

Sexual therapist

Member of the Directory Board of the Portuguese Society for Clinical Sexology

Please list your professional activities, with special reference to those dedicated to promote sexual health, sexual rights, sexology, sexuality education or research related to these areas:

Clinical activity as sexual therapist.

Member of: Committee for Women's Sexuality of the Portuguese Society for Clinical Sexology; Directory Board of the Portuguese Society for Clinical Sexology (since 2008; the last three Directory Boards: 2008-2011; 2011-2013; 2013- ...); Pedagogical and scientific coordination team responsible for organizing Sexual Therapist graduation course in Portugal(the only recognized by EFS and WAS); other main Portuguese scientific societies; International Academy of Sex Research.

Activity research in the field for the past 9 years; research conducted at the Portuguese SexLab in the past 5 years; co-author of the Research Project Women's and Men's Sexual Health: A Biopsychosocial Model; Doctoral and Master's thesis supervision in the Sexology field.

Organization of scientific events, nationally and in the international level; several national and international communications in scientific meetings and articles; research data publication in mass media (television, newspapers)

Make a short statement on why you want to belong to the EFS executive committee:

I would be pleased to contribute with my clinical and research experience by fostering the communication between both in the European context (e.g, to gather and to compile credible manualized specific treatments for sexual dysfunctions; to involve the national societies in the process of translating these manuals into their corresponding native language; to promote the creation of national groups that would be responsible for monitoring the interventions results and reporting them to the EFS; to promote clinical results discussion and publication, both nationally and at the EFS level.

Furthermore, I would like to facilitate the access of sexual therapists to updating training (e.g.,based on the manualized treatments, to create specific training programmes and make

them accessible online to all the sexual therapists community and not only to those who attend to conferences and seminars).

If you are already a member of the executive committee, please outline your contribution to the Federation during your term of office:

Not applicable.

Please state (in terms of time, attendance to meetings, working in specific projects) the commitment you are willing to make to work as a member of the executive committee if you are elected:

I'm willing to invest the necessary time and efforts to my work with EFS and its EC. I would like to work on the promotion of more active clinical communication between national societies and the EFS.

Please remember that you need to accompany this application with:

- A scanned copy of the document from your society stating that you are being nominated as a candidate for the executive committee of EFS, signed by the appropriate officer.
- A scanned copy of your university degrees.
- A brief curriculum vitae

and that the member society proposing your candidacy should have paid all dues.

Send your completed application to secretary@europeansexology.com by **December 31th, 2013**. Your completed form will be uploaded onto the EFS web site.